

Tour and construction volunteer in Nepal

Description of project

As a volunteer in the Construction project, you will work as part of a volunteer team, with minimal supervision. You will also work alongside villagers, learning about traditional methods of building and working. You will be mainly be involved in school or orphanage repair and decoration; toilet building; drinking water projects; recycling projects; stove building; garden making and tree planting.

Volunteers do not need any specific skills or knowledge about construction, as you will mainly be doing unskilled work such as digging, mixing sand and cement, carrying rocks, sand and bricks, fetching water, and painting the school buildings. You will be led by skilled Nepali and will work together with local people who will be providing free labour for the advancement of their communities.

When you move to your project area each you will live with a local host family as a member of the household and your own room. The families have received training on how to accommodate volunteers; families provide three meals a day and have boiled water available for drinking. Meals consist of traditional Nepali food, such as dal bhat (lentil soup and rice), noodle and rice dishes, Nepali pancakes and a variety of other combinations. You will be eating what the family eats. Electricity is available at the placement and phone and internet access will be available near the village